

What should your 72-Hour Emergency Kit include?



- First aid kit
- Medical supplies
- Power banks or portable chargers
- Non-perishable foods, water and electrolytes
- Flashlight
- Batteries
- Sanitation supplies
- Tube tent
- Extra set of clothing and hooded rain poncho
- Work gloves, multi-tool or utility knife, utility cord, duct tape
- Whistle
- Waterproof matches
- Blanket and sleeping bag

